



# Dave Clark SPOCO 24 Mile TT

## (Formerly the Swaledale Trophy)

(Promoted for and on behalf of Cycling Time Trials under their rules and regulations)

Details and start times

**Saturday 29th May 2021, Start Time 10:00**

Regrettably, due to COVID restrictions we are not permitted our normal indoor use of the buildings. Please respect the current government guidelines when dealing with the officials and other riders.

**The HQ is at the Richmond School, Darlington Road, DL10 7BQ in the car park, on the covered patio area outside reception.**

**Emergency contact on the day: 07851 428905**

There is ample parking. Toilets are available in the sports building, entrance to the left of the HQ area. However, please be aware the normal changing facilities are not available.

Numbers are only available at the event HQ. All riders are required to sign on to collect their number and must remember to also sign off otherwise their ride will be recorded as DNF. U18's, remember consent forms.

Refreshments will be available at the HQ post event.

**The official start is at the entrance to the Round Howe car park on the A6108 Westbound from Richmond (200m past the cemetery).**

No vehicles apart from the event officials to be parked in the vicinity of the start. There is public parking very close to the start area. No warming up on the course while the event is in progress.

**One course warning is for traffic, especially at the junction of the Redmire Road and Whipperdale Bank. This is a fast section of road which we join from a minor road after the descent off Grinton Moor.**

Your attention is drawn to the recently introduced CTT regulation requiring the use of an illuminated rear red light. Without one, you will not be permitted to start.

**For the Road Bike category we are using the CTT Teesside District guidance on qualification:**

### **Signing On:**

1. When signing on please tick the road bike column to indicate that you are to compete on a road bike.

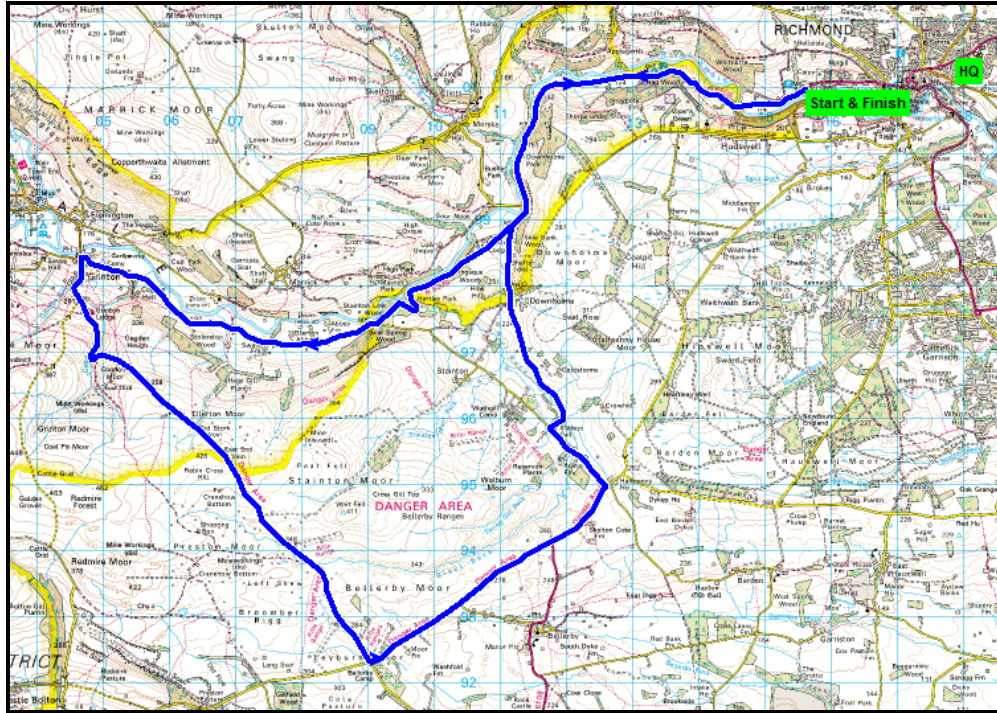
### **The Rider:**

1. No time trial style pointy helmets (incl Kask Bambino), or helmets with built in visors are to be worn.
2. Use of skinsuit is permitted, socks/covers limited to mid-calf length.
3. No riding with elbows or forearms on the handlebars. If witnessed, the competitor may be disqualified.

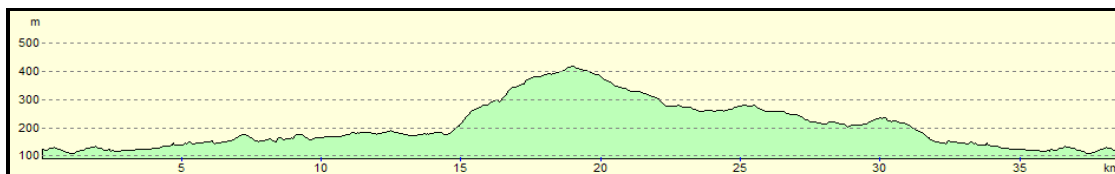
### **The Machine:**

1. The frame should be constructed in the traditional pattern, i.e. built around a main triangle. Multi geared bikes as well as fixed wheel machines are permitted.
2. No time trial style or triathlon forward extension bars with or without elbow pads will be used.
3. Wheels should be of a spoked construction with a min. of 12 spokes and max. rim depth of 65mm.

## Swaledale Trophy Time Trial Route – Course T243 (Anticlockwise Loop)



Elevation Profile



Please note, this is a challenging course and select the appropriate gearing.  
It is strongly recommended that a hard cycling helmet is worn.

### Prizes:

#### Overall:

We are pleased to announce parity of prizes across the Men, Women and Road Bike categories

|            |  |                     |                     |
|------------|--|---------------------|---------------------|
| Men:       | 1 <sup>st</sup> £30 + Swaledale Trophy | 2 <sup>nd</sup> £20 | 3 <sup>rd</sup> £15 |
| Women:     | 1 <sup>st</sup> £30                    | 2 <sup>nd</sup> £20 | 3 <sup>rd</sup> £15 |
| Road Bike: | 1 <sup>st</sup> £30                    | 2 <sup>nd</sup> £20 | 3 <sup>rd</sup> £15 |

n.b. Where a competitor wins more than one prize, the award will be limited to the greater of the two

#### 1<sup>st</sup> finisher outside the first three in the above categories:

Vet 50+ £15   Vet 40+ £15   Espoir £15   Junior £15   Juvenile £15